



CODE 1.3.

Reporting Period – Whitson 2015

<b>Project</b>	<b>Multi Sports Taster Sessions</b>
<b>Lead Delivery</b>	<b>Boston United Football in the Community Ltd</b>
<b>Theme:</b> Improving Health and Wellbeing	<b>Priority: 3</b>
<b>Project Outcomes:</b>	
180 young people attending the project in the first year – Averaging 22/23 participants per session	
<b>EXPECTED OUTCOMES OF THEME</b>	
<ul style="list-style-type: none"> <li>• Residents are more aware of their health needs and where they can get relevant Information.</li> <li>• Residents take up more opportunities to help improve their health and wellbeing.</li> <li>• Residents tell us they feel better-informed, access facilities and feel healthier.</li> </ul>	
<b>EXPECTED OUTCOMES OF ACTIVITY</b>	
<ol style="list-style-type: none"> <li>1) Young people take up more opportunities to help improve their health and wellbeing</li> <li>2) Young people feel better informed about activities that are available in Boston.</li> </ol>	
<b>Activities undertaken during reporting period:</b>	
<p><b>Number of Sessions:</b> 1  <b>Number of Attendees:</b> 22  <b>Ages of Attendees:</b> 5-12  <b>Gender Breakdown:</b> 19 Males / 3 Females  <b>Ethnicity Breakdown:</b> 21 White / 1 Black  <b>Disability:</b> None  <b>Postcodes of those involved:</b>            PE21 8EY            PE21 0BB            PE21 0BB            PE20 1RQ            PE21 8TH            PE20 1JX            PE20 1JX            PE21 7RT              PE21 0QU            PE21 0NB            PE21 9QY            PE21 7LU            PE21 7JW            PE21 0QU            PE21 0AR</p>	  

PE21 0BL  
PE21 7JW  
PE21 9QY  
PE21 0BL  
PE20 1RQ  
PE21 9HX  
PE20 1JX

### **Project Progress**

Due to the Big Local funding not being confirmed before the start of this period, we had to promote the activity at full cost. Therefore at this stage of the project we are unable to measure the impact the funding has had on the activity. However the activity is still on track to meet its participant targets as the session saw 22 young people range from age's 5-12 take part. Those that took part in the session were also provided with information regarding other sessions within our programme as well as other activities on offer in Boston. This contributes to both outcomes of giving young people more opportunities to improve their health and wellbeing as well as giving them more information about the activities that are available in Boston.

### **Plans for next Reporting Period:**

The next reporting period will cover our summer activities, which will involve delivering 5 multi-sports taster sessions. The sessions will be promoted primarily through flyers, which will be distributed in local schools and community/ sports centres. We will contact those who have attended during this period to continue their participation. We will also promote the summer activities through our Website, Twitter and Facebook page as well as using our partnership with Boston United to promote through their networks. Another key aspect of promotion for these activities will be to utilise the Boston Borough Council summer brochure, which will be used to promote all of our activities during the summer period.

All those that attend during the summer period, will be provided with further information regarding additional opportunities to take part in sport and activities in order to continue to contribute to the aims of the project.