



**CODE 1.3.**

**Reporting Period – Summer 2015**

<b>Project</b>	<b>Multi Sports Taster Sessions</b>
<b>Lead Delivery</b>	<b>Boston United Football in the Community Ltd</b>
<b>Theme: Improving Health and Wellbeing</b>	<b>Priority: 3</b>

**Project Outcomes:**

180 young people attending the project in the first year – Averaging 22/23 participants per session

**EXPECTED OUTCOMES OF THEME**

- Residents are more aware of their health needs and where they can get relevant Information.
- Residents take up more opportunities to help improve their health and wellbeing.
- Residents tell us they feel better-informed, access facilities and feel healthier.

**EXPECTED OUTCOMES OF ACTIVITY**

- 1) Young people take up more opportunities to help improve their health and wellbeing
- 2) Young people feel better informed about activities that are available in Boston.



**Activities undertaken during reporting period:**

**Number of Sessions:** 5  
**Number of Attendees:** 88  
**Ages of Attendees:** 5-14  
**Throughput figure:** 191  
**Gender Breakdown:** 58 Males / 30 Females  
**Ethnicity Breakdown:** 88 White / 0 Black  
**Disability:** None





### **Project Progress**

During this summer period, we delivered 5 multi sports sessions and saw 88 children ranging from ages 5-14 take part. Throughout the 5 sessions we had a total of 191 attendances, averaging 38 children per session. Due to funding not being confirmed before the start of the last reporting period, this was the first period in which the funding took affect and sessions we marketed at a lower cost. Interest in the sessions were high, with each day being booked up to full capacity. We even had reserve lists for each day, which shows a high demand for the activity. From the first two quarters, we are already well on track to achieving the projects aim and outcomes. We are already averaging more than 22/23 people per session and have seen 102 children throughout the 6 days we have delivered so far as part of the project, with a throughput of 213 attendances. Like the last quarter, we gave out information to participants regarding other activities that were available during the summer period.

### **Plans for next Reporting Period:**

The plan for the next reporting period, is to run 1 multi sports course in October half term. We will print flyers to distribute to local schools and community/ sports centres.

We will also send messages to those who have already attended one of our courses to book onto the next one. We will advertise the course on our website and through our Facebook and Twitter pages. We will continue to promote other activities we run as well as those going on in the area, this is in order to continue to meet the outcomes of the project.

