



#### **CODE 1.3.4**

## Residents Leading Change

# **Reporting Period** –Easter 2016 + Whitson 2016

Project	Multi Sports Taster Sessions
Lead Delivery	Boston United Football in the Community Ltd
Theme: Improving Health and Wellbeing	Priority: 3

### **Project Outcomes:**

225 young people attending the project in the second year of the project

#### **EXPECTED OUTCOMES OF THEME**

- Residents are more aware of their health needs and where they can get relevant Information.
- Residents take up more opportunities to help improve their health and wellbeing.
- Residents tell us they feel better-informed, access facilities and feel healthier.

#### **EXPECTED OUTCOMES OF ACTIVITY**

- 1) Young people take up more opportunities to help improve their health and wellbeing
- 2) Young people feel better informed about activities that are available in Boston.

### Activities undertaken during reporting period:

Number of Sessions: 2 Number of Attendees:62 Ages of Attendees: 5-12 Throughput figure: 79

**Gender Breakdown: 43 Males 19 Females** 

**Ethnicity Breakdown: 62 White** 

**Disability: None** 

Postcodes of those participants from the BBL

area:
PE21 6PZ
PE21 9NY
PE21 8BE
PE21 7DS
PE21 8DA

**PE21 6DR** 





### **Project Progress**

During this reporting period, we delivered 2 multi sports courses. 1 during Easter half term and 1 during the Whitson period.

During the 2<sup>nd</sup> Easter date, we had 42 attendees. During the day children were split into groups and created their own games, with the two winning teams' games being played in the afternoon by all! They also played a variety of sports including futsal, dodgeball, hockey, benchball and tag games. During the May half term date we had 37 attendees. On this day, despite the downpour we had a lot of fun playing a variety



of sports, including some new games like Hungry Hippos, Noughts and Crosses and Indoor Hockey and rounder's.

All attendees across the two days were aged between 5 and 12. Out of the 62 individual attendees we saw, 43 of these were males and 19 were females.

Following the courses, a couple of the parents of the children, who attended over the days uploaded a review onto our website which shows the children really enjoyed the days.



TROPHIES

\*Above is copy of flyer that is distributed to schools and organisations within Boston advertising the February and Easter days\*

WWW PILGRIMSUITC.CO.UK

**BOSTON GRAMMAR** 

BBL

other locations are 615 per day

**BOSTON GRAMMAR** 

BOSTON GRAMMAR BOSTON GRAMMAR

### **Plans for next Reporting Period:**

The plan for the next reporting period, is to run 5 multi sports taster days that we will run over the summer period. Below is a copy of the flyer that has gone out to all primary schools in Boston, as well as to years 7 and 8 within secondary schools.





# Summer Holiday fun days

### Football

Fun packed days. Learn a variety of football skills, drills, goalkeeping – as well as play tournaments and games.

 Fridays – August 5, 12, 19, 26 and September 2

10am to 3pm (boys and girls aged 5 to 15 years) at Boston Grammar School, Rowley Road – £12 per day

# Multi sports

Throughout the day your child will play a variety of sports which could include cricket, dodgeball, basketball, tennis,

volleyball, capture the flag, football and more.

 Wednesdays – August 3, 10, 17, 24 and 31

10am to 3pm (boys and girls aged 5 to 15 years) at Boston Grammar School, Rowley Road – £10 per day

# Cheerleading

Join the United Cheer Team coaches and learn a variety of cheerleading skills including routines, pom dance, stunts and more.

Tuesday, August 9 and 16
 10am to 3pm (boys and girls aged 5 to
 15 years) at Boston Grammar School,
 Rowley Road – £12 per day

Chances to win prizes, medals, certificates and more. To book please visit www.pilgrimsuitc.co.uk/sessions/summer-holiday-clubs/

We have also advertised the sessions in the Boston Borough council summer fun brochure and other Boston correspondences which I can send copies of in the next report. A copy of the article in the fun brochure is to the left.

#### **Fun Days set for the Summer**

間 93rd June 9016

Boston United's ever popular Fun Days will be back for the Summer holidays in Boston and Skegness!

Boston United and United in the Community are offering funpacked football, multi sports and cheerleading days for boys and girls aged from 5 to 15 years, whatever their ability. All of the fun days are delivered by qualified coaches, who put on the variety of fun-based activities, games and sports throughout the day.

Children attending the Fun Days will receive a FREE Boston United match day ticket, as well as the chance to win a Mascot Day experience worth £110. They will also get a chance to win trophies, medals and other prizes.

Dates and Venues: All days are from 10am - 3pm.

BOSTON GRAMMAR SCHOOL

Cheerleading - drop off and pick up at Boston Grammar School

Tuesday 9<sup>th</sup> August Tuesday 16<sup>th</sup> August

Multi Sports – drop off and pick up at The Pilgrim Lounge

Wednesday 3<sup>rd</sup> August

Wednesday 10<sup>th</sup> August Wednesday 17<sup>th</sup> August

Wednesday 24<sup>th</sup> August

Wednesday 31st August



PilgrimsUITC website advertisement

Recently we had a meeting with Rachel Lauberts from the Boston Big Local and she identified that although we have been engaging with a number of participants we are not targeting enough people within the Boston Big Local area. For the next reporting periods, we will look to organise a flyer drop to houses within the big local area to try and encourage more participants. We already flyer drop in all schools in Boston but we could look to promote courses more within schools by potentially offering free taster sessions within schools that would hopefully encourage more to attend outside of school. We will make sure moving forward we will send all relevant correspondence to advertise on the Boston big local website and social media sites. We will also look to get more feedback from both parents and participants from the multi sports days, which we can use to meet the needs of the participants as well as use for advertising purposes.