



CODE 1.3.1

Reporting Period –Whitson 2017



Residents Leading Change

Project	Multi Sports Taster Sessions
Lead Delivery	Boston United Football in the Community Ltd
Theme: Improving Health and Wellbeing	Priority: 3
<p>Project Outcomes:</p> <p>180 young people attending the project in the first year of the project</p> <p>EXPECTED OUTCOMES OF THEME</p> <ul style="list-style-type: none"> • Residents are more aware of their health needs and where they can get relevant Information. • Residents take up more opportunities to help improve their health and wellbeing. • Residents tell us they feel better-informed, access facilities and feel healthier. <p>EXPECTED OUTCOMES OF ACTIVITY</p> <ol style="list-style-type: none"> 1) Young people take up more opportunities to help improve their health and wellbeing 2) Young people feel better informed about activities that are available in Boston. 	
<p>Activities undertaken during reporting period:</p> <p>Number of Sessions: 1 Number of Attendees: 36 Ages of Attendees: 5-12 Throughput figure: 36 Gender Breakdown: 6 Female 30 Male Ethnicity Breakdown: 36 White Disability: None Postcodes of those participants from the BBL area: PE21 8AP PE21 6RS PE21 9HQ PE21 8BZ PE21 9BU PE21 8SS PE21 6PP PE21 6DH</p>	



Project Progress

During whitson we ran 1 multi sports day as part of the new funding period. 36 Children attended the day and had a lot of fun playing a variety of different sports and games in the morning such as Dodgeball, Rounder's, Hockey and Football. They then got to choose which activities and sports they wanted to play in the afternoon.

All attendees across the two days were aged between 5 and 12. Out of the 36 individual attendees we saw, 30 of these were males and 6 were females.



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Plans for next Reporting Period:

The plan for the next reporting period, is to run 5 multi sports taster days over the summer period. Below is a copy of the flyer that has gone out to all primary schools in Boston, as well as to years 7 and 8 within secondary schools. We will also be advertising the courses in the Boston Borough Council Summer Fun Brochure. Recently we have been



attending a lot of community events and school fayres within Boston which we have been using as a promotional tool for all our courses over the summer. This will hopefully help attract new participants onto the courses. All dates have been uploaded and shared on all our social media sites and our Marketing and Communications Officer is in the process of putting together our quarterly newsletter which will go out next month and will include information regarding the multi sports days. This newsletter will get sent to all contacts on our mailing list and various organisations within Boston.

Boston United in the Community added 19 new photos.
Published by Ceri Jackson [?] · 12 June at 16:09 · Boston ·

Summer is almost here - and so are Boston United's multi sports, football & cheerleading fun days! Keep children fit & active, meet new friends, play sports & activities - and with extended hours (10am-3.30pm) and early drop off in Boston, as well as bulk booking discounts - we're a great choice for affordable childcare for boys & girls 5 to 15 years.

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- SKEGNESS - 10AM TO 3PM - £12... See more

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