



CODE 1.3.1

Reporting Period –Summer 2017

Residents Leading Change

Project	Multi Sports Taster Sessions
Lead Delivery	Boston United Football in the Community Ltd
Theme: Improving Health and Wellbeing	Priority: 3

Project Outcomes:

180 young people attending the project in the first year of the project

EXPECTED OUTCOMES OF THEME

- Residents are more aware of their health needs and where they can get relevant Information.
- Residents take up more opportunities to help improve their health and wellbeing.
- Residents tell us they feel better-informed, access facilities and feel healthier.

EXPECTED OUTCOMES OF ACTIVITY

- 1) Young people take up more opportunities to help improve their health and wellbeing
- 2) Young people feel better informed about activities that are available in Boston.

Activities undertaken during reporting period:

Number of Sessions: 5 Number of Attendees: 35 Ages of Attendees: 5-13 Throughput figure: 86

Gender Breakdown: 6 Female 29 Male

Ethnicity Breakdown: 35 White

Disability: None

Postcodes of those participants from the BBL area:

PE21 6JP PE21 6JU PE21 6PA PE21 6AF PE21 6PY PE21 8BP











Project Progress

During Summer, we ran 5 multi sports days. Over the 5 days we had 35 individual children attend with 86 attendances in total. The weather stayed fine for us for most of the days, although we did have a bit of rain. The kids got to play lots of different sports including Dodgeball, Football, Ultimate Frisbee, Hockey, Basketball, Cricket and Tag Rugby, as well as trying new games such as Tug O War and having a go on the Air Trax. The kids also enjoyed allocated free time during the day where they could choose any sport or game they wanted to play!

After summer, we issued a survey out to all parents/guardians of the children who attended our fun days in order to get some feedback on the days as well as how we can improve the days in the future. Some of the quotes we had back from parents regarding the multi-sport day included:

"Both my children love the multi sports activities"

"My children can attend a fun day on the same day doing different sports. It allows them to mix with different children and try different things."

"My son enjoys the multi sports as gives him a chance to try a bit if everything"

"The children always seem to enjoy it; the coaches are fun!"

"Keeps the kids busy and they do something that is healthy!"

"My kids come home happy, tired & asking when the next one is - that's a winner for me"

"Love the variety of sports that is on offer"

"My child is always well looked after and has lots of fun. It's easy to book and good value for money"



Plans for next Reporting Period:

The plan for the next reporting period, is to run 1 multi-sport fun day in October half term. Following feedback from the survey we had back we feel we need to mix up the fun days and try and offer something different. Therefore, for October we have decided to do Halloween theme days and are having a fancy-dress competition as well as playing Halloween themed games and sports. As another incentive for all our holiday courses during October including our multi-sport day, we are offering all children who attend a free ticket to come to Boston United's annual Fireworks display. By adding unique selling points to our days, we hope to encourage and attract new children to attend our days

A copy of the flyer is below:

The flyer again is to be distributed out to all primary schools in Boston, as well as to years 7 and 8 within secondary schools. All dates have been uploaded and shared on all our social media sites. Dates will be shared within our company newsletter, as well as being printed in the first team's match day programmes.

