



CODE 1.3.1

Reporting Period –
October/Christmas 2017



Residents Leading Change

Project	Multi Sports Taster Sessions
Lead Delivery	Boston United Community Foundation
Theme: Improving Health and Wellbeing	Priority: 3
<p>Project Outcomes:</p> <p>180 young people attending the project in the first year of the project</p> <p>EXPECTED OUTCOMES OF THEME</p> <ul style="list-style-type: none"> • Residents are more aware of their health needs and where they can get relevant Information. • Residents take up more opportunities to help improve their health and wellbeing. • Residents tell us they feel better-informed, access facilities and feel healthier. <p>EXPECTED OUTCOMES OF ACTIVITY</p> <ol style="list-style-type: none"> 1) Young people take up more opportunities to help improve their health and wellbeing 2) Young people feel better informed about activities that are available in Boston. 	
<p>Activities undertaken during reporting period:</p> <p>Number of Sessions: 2 Number of Individual Attendees: 76 Ages of Attendees: 5-13 Throughput figure: 83 Gender Breakdown: 18 Female 58 Male Ethnicity Breakdown: 76 White Disability: None Postcodes of those participants who live within the BBL area: PE21 8SS PE21 6HP PE21 8BP PE21 8AG PE21 8DG PE21 8ES PE21 8BW PE21 8AN</p>	



Project Progress

During this reporting period, we ran 1 multi-sport fun day during October half term and an extra multi-sport fun day just before Christmas.

During our October Halloween themed day, we had a lot of fun with kids encouraged to attend in fancy dress (and even the coaches got involved), with a prize being awarded for the best costume. We



had 13 children attend the day, during which they got to take part in sports such as Dodgeball,



Hockey and capture the flag. The children also got to play some Halloween themed games such as Mummy Wrap and Pumpkin smash, which proved popular and provided something a bit different to our usual multi-sport games.



Following the popularity of last year's Christmas multi-sport Fun day, we decided to run an additional one again this year. Like Halloween, children were encouraged to attend wearing a Christmas jumper, with a prize given out for the best one. 70 children attended in total and were split into 4 groups. They were rotated around different stations throughout the day and took part in sports such as dodgeball, basketball, hockey, volleyball and futsal. They also got the chance to have a go at hitting the snowman piñata, full of sweets. (Which

was only acceptable as it was nearly Christmas) Even our mascot Percy Penguin made an appearance and joined in with some of the games. The day was thoroughly enjoyed by both the children and coaches and a nice way to round off the year.



Plans for next Reporting Period:

The plan for the next reporting period, is to run 1 multi-sport fun day in February half term. We feel that both the Halloween and Christmas fun days worked well being themed, as it gives the day a bit more variety and not so predictable. The theme and flyer for February half term will be decided and produced over the next few weeks.

All flyers and information will be distributed out to primary schools in Boston, as well as to years 7 and 8 within secondary schools. All dates will be uploaded and shared on all our social media sites. Dates will be shared within our company newsletter, first team's match day programmes and other local community programmes.