#### **BOSTON BIG LOCAL**

Project:		Promote Health and Wellbeing through fun/educational events for residents	
Lead delivery partner:		Boston Borough Council	
Theme: 1	Improving Health and Wellbeing	Priority:	5
Activity:	<ol> <li>Provide 2017and 2018 Boston Cycling Roadshows</li> <li>Organise Health and Wellbeing event (Active Boston)for Summer 2018</li> </ol>		

## Project outcomes (from SLA)

- Increased awareness of opportunities for local people to become active and healthier
- Improved take-up of local facilities and clubs
- Improvement in community cohesion by bringing people together from different backgrounds

Reporting period	Sept – Dec 2017	Number and age of	Wide benefit –
dates:		people benefiting	significant impact
		from the project	on both residents
		during the	and visitors
		reporting period:	

### Introduction

#### Aim: -

Organise community-based health-themed events to engage with residents in a fun and interactive way. Participants will be encouraged to access advice, local clubs and taster sessions.

	Activities completed	Contract target April 2017 – March 2019	Comments
Organise Get Cycling Roadshow for 28 <sup>th</sup> July 2017	Get Cycling Roadshow completed 28/07/17	Completion of July 2017 event	Full report previously provided
		COMPLETED	

Organise Health and Wellbeing event (Active Boston' event – 10 Aug 2018, 10 a.m. to p.m.	event in summer ust 2018
Key attractions reserved	Healthy cookery demonstrations; skate park, climbing wall and free bound; Lincolnshire Cooperative health pod; Lincolnshire Police EDDIE van with big screen on side; Community Alcohol Partnership Spider Dome; Lincolnshire Credit Union stand
Organise Get Cycling Roadshow for 2018  Main contractor reserved for Fri 27 July 2018  Boston Market Place events ar reserved	be taken from budget allocation for summer health and wellbeing
Additional funding and support secured	
Boston Borough Council  Part sponsorsh of 2018 Cycling Roadshow (£1,810), to be taken from 2017/18 budger Provision of saft barriers, staff supervision and marketing.	
Use of local	Not specified
companies	

## **Additional Information:-**

Work continuing to identify additional attractions for Active Boston event. Meeting planned with Fran Taylor to identify local clubs that could get involved in the event.

# Plans for next reporting period

- Continue to reserve and book local clubs and attractions for the 2018 Active Boston event
- Book Village Cycles to provide free Dr. Bike cycle clinic for 2018 Boston Cycling Roadshow