



Residents Leading Change

Monitoring report October – December 2017:

Theme	1 - Improving health and wellbeing
Priority	2a - Provide opportunities to improve residents' health and wellbeing through music, sport and cultural activities for <u>children and families</u> .
Activity	Holiday family inflatable sessions Top Up crash course swimming lessons
Total Funding	Holiday family inflatable sessions = £3,000 Top Up crash course swimming lessons = £2,500
Quarter 1 claimed	Holiday family inflatable sessions = £440.00 Top Up crash course swimming lessons = £0
Quarter 2 claimed	Holiday family inflatable sessions = £704.00 Top Up crash course swimming lessons = £320
Quarter 3 claim amount	Holiday family inflatable sessions = £88.00 Top Up crash course swimming lessons = £0

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Organisation	Boston Borough Council – Geoff Moulder Leisure Complex

REPORT DATED 31/12/17

Project Outcomes:-

1. Holiday family inflatable sessions –

For the current claim period 1 session took place; we offered free 60 minute family activity session on the inflatable in the Training Pool.

We have seen 3 families (12 participants) attend the sessions.

Claim amount = 1 session at a cost of £88.00 = £88.00.

The next sessions will take place over February half term.

Comments received from participants:



- We didn't usually come swimming but found the inflatable is awesome and now we swim in the main pool at weekends.
- Really love coming with Mum and Dad.

2. Top Up crash course swimming lessons –

As previously reported we had a successful Top Up lesson programme which ran from 15nd to 19th May. A total of 178 pupils took part and 98 of those reached the 25 metre swimming target.

We offered all 80 of the children that didn't reach the 25m target the chance to attend our crash courses over the summer or to attend our evening lessons starting in September.

16 Children took up the offer. 14 on the summer crash course lessons and 2 on our September/October evening course.

Claim amount = 0 crash course lessons @ £20 = £0

Comments received previously from participants:

- Swimming's so much fun, I can go to my friends swim party now.
- I'm really scared of the water but so happy my son has learnt to swim.
- I struggle with the cost of lessons so this is great.

OUTCOMES OF THEME AND PRIORITY:

- Residents are more aware of their health needs and where they can get relevant information.
- Residents take up more opportunities to help improve their health and wellbeing.
- Residents tell us they feel better informed, access facilities and feel healthier.

Family Inflatable sessions are a fun activity bringing together families, clear evidence that families spending more time together and indulging in leisure activities strengthens the family bond. Additional benefits include improvement in Children's Academic Performance with less Behavioral Problems.

OUTCOMES OF ACTIVITY'S (how much activity, how well and what difference)

The Top Up Swimming Programme targets year 6 pupils from your school that have not reached the 25 metres swim target. The extra lessons will be offered during the school day and will help the selected pupils reach the KS2 25 metres standard for swimming and water safety.

- The scheme is a targeted intervention designed to enable as many pupils as possible to be swimming at least 25m before they leave primary school at Year 6 pupils only.
- Funding will only be directed at schools that are already making efforts to achieve the KS2 targets and the initiative is not a substitute for normal school swimming.
- Year 6 pupils will need to be identified by your school with assistance if needed, from swimming achievement records currently held by the staff at the Geoff Moulder Swimming Pool.
- The targeted pupils will be offered a series of up to 5 consecutive minimum 30 minute

Sorry no photos available due to safeguarding policy.