

CODE 1.3.1

Reporting Period -



Residents Leading Change

February 2018

Project	Multi Sports Taster Sessions
Lead Delivery	Boston United Community Foundation
Theme: Improving Health and Wellbeing	Priority: 3

Project Outcomes:

180 young people attending the project in the first year of the project

EXPECTED OUTCOMES OF THEME

- Residents are more aware of their health needs and where they can get relevant Information.
- Residents take up more opportunities to help improve their health and wellbeing.
- Residents tell us they feel better-informed, access facilities and feel healthier.

EXPECTED OUTCOMES OF ACTIVITY

- 1) Young people take up more opportunities to help improve their health and wellbeing
- 2) Young people feel better informed about activities that are available in Boston.

Activities undertaken during reporting period:

Number of Sessions: 1 Number of Attendees: 37 Ages of Attendees: 5-13 Throughput figure: 37

Gender Breakdown: 10 Females 27 Males **Ethnicity Breakdown:** 36 White 1 Black

Disability: None

Individuals who attended that live within the postcode of the BBL area:

PE21 8BN PE21 6PA PE21 8BZ PE21 8SS PE21 8AR PE21 8UF

PE21 6PP







Project Progress

During this reporting period, we ran 1 multi-sport fun day during February Half term. We had 37 attendees, ranging from ages 5-13. There were 10 females on the day with 27 males attending. Kids were split into 3 groups and rotated around the different activities, taking part in sports such as Dodgeball, Hockey, Football, Basketball and Cricket. Some of the comments we have received from parents include:

"Thank you very much. Kai loves coming... strongly recommend the fun days to any parents and their children"

"Carter loved the day he attended, I will be booking in next half term"

"Thanks for a great day, Jack really enjoyed it"

Following the conclusion of February half term, this brings us to the end of our reporting for the first year of the new funding period. Throughout this year we have had a throughput figure of 235 children attend the multi sports fun days. We will look to capitalise on this figure and try and increase this number next year. Which will also include attracting more attendees form the Boston Big Local area.

Plans for next Reporting Period:

The plan for the next reporting period, is to run 2 multi sports fun days at Easter and 1 at May half term. We made the decision to put dates for both Easter and May on the same flyer to try and encourage people to get booked on early and increase the numbers. In Easter, we will be delivering our usual multi sports games, mixed in with some Easter theme



games and Easter egg hunts. We have dropped flyers off in all schools within the Boston area and have advertised the sessions in the Boston Borough council Easter Fun brochure. As well as advertising the courses through our matchday programme and community newsletter.

Boston United Football Club Easter Fun Days – Multi-sports

Play a variety of sports and activities – cricket, dodgeball, basketball, tennis, hockey, volleyball, capture the flag and morel Keep fit and active, meet new friends, try different sports and activities – and with our early drop off, we're a great choice for affordable childcare this Easter.

Girls and boys aged 4 to 15 years.

Wednesday, April 4 and 11at Boston Grammar School (drop off at Jakemans Stadium), Boston PE21 6JY.

8.30am to 3.30pm £12 and 10am to 3.30pm £10.

To book please visit www.bostonunitedcf.co.uk/sportscoaching/easter-holiday-fun-days or call 01205 364406.



