



CODE 1.3.1

Reporting Period –
Summer 2018



Residents Leading Change

Project	Multi Sports Taster Sessions
Lead Delivery	Boston United Community Foundation
Theme: Improving Health and Wellbeing	Priority: 3
<p>Project Outcomes:</p> <p>180 young people attending the project in the first year of the project</p> <p>EXPECTED OUTCOMES OF THEME</p> <ul style="list-style-type: none"> • Residents are more aware of their health needs and where they can get relevant Information. • Residents take up more opportunities to help improve their health and wellbeing. • Residents tell us they feel better-informed, access facilities and feel healthier. <p>EXPECTED OUTCOMES OF ACTIVITY</p> <ol style="list-style-type: none"> 1) Young people take up more opportunities to help improve their health and wellbeing 2) Young people feel better informed about activities that are available in Boston. 	
<p>Activities undertaken during reporting period:</p> <p>Number of Sessions: 5 Number of Attendees: 67 Ages of Attendees: 4-12 Throughput figure: 120 Gender Breakdown: 78 Male 42 Female Ethnicity Breakdown: 3 Black 64 White Disability: None Individuals who attended that live within the postcode of the BBL area: PE21 8XA PE21 6DR PE21 8AN PE21 8DG PE21 8SS PE21 8BP</p>	



Project Progress

During this reporting period, we ran 5 multi-sport fun days over the summer period. We had a throughput attendance figure of 120 over the 5 sessions with 67 individual attendees. As quite a lot of the attendees booked on for more than 1 day, we tried to vary up the activities over the 5 weeks. The children got to play and try a variety of sports including hockey, dodgeball, cricket, football, basketball, capture the flag and golf. The children particularly enjoyed the variety of sports on offer and enjoyed the chances they got to pick the sports they wanted to try. Children were awarded medals and trophies for their achievements, effort and skills during the days. Furthermore, we had children that we were able to identify as having potential in certain sports and they were signposted to attend some of our other sessions where appropriate.

Plans for next Reporting Period:



Plans for the next reporting period involve running 1 multi sports fun day at October half term. The theme for the holiday course is Halloween. We have Halloween themed sports and activities planned for the children to take part in. We have also incorporated some extra competitions on the day, such as the best fancy dress and a pumpkin carving competition. These will hopefully entice more children to get booked on and attend. Our flyers are being printed and again will be distributed to all the schools in Boston. Dates have already been advertised on all our

social media pages, website and match day programme. We have also emailed out the information via our community foundation newsletter.

