

Samaritans Quarterly Report for Boston Big Local – April 2023

Brew Monday Stall

On Saturday 14th January we had our stall in Pescod Square to raise awareness of our service and Samaritans Brew Monday, which is a play on Blue Monday, traditionally the second Monday after the Christmas holiday.

We were in the Square, giving out tea bags to encourage Monday to be a 'Brew Monday' instead and raise a cup of tea to those who might need a listening ear, supportive company or simply have a cuppa with a friend or two on the saddest day of the year.



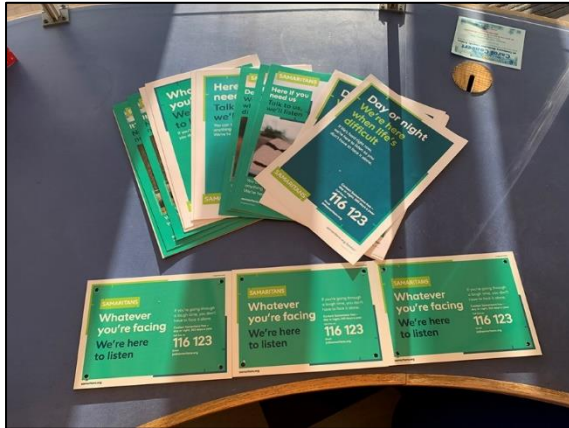
Volunteers Chris, Veronica, Claire and Jennifer talking to shoppers and raising awareness about our service.



Pescod Square Car Park

Recently Pescod Square took on the responsibility of the Multi-Story Car Park.

During their Health and Safety inspection, they stated that mental health wellbeing posters would be required due to past incidents. Lisa, the Pescod Centre Manager reached out to Boston Samaritans who supplied 30 A4 posters and 3 metal display signs.



Interviewed New Samaritans

Throughout January, February and March we interviewed 11 prospective Samaritans and on March 25th we held an information morning for those successful new Samaritans to learn more about the branch and meet other volunteers before beginning their training the following week.

Each Saturday morning throughout April, the New Samaritans will complete their CORE training modules before meeting their mentors, after which they will begin taking live calls under their guidance.

The 1st of March saw two of our long-serving volunteers delivering Samaritans workplace training to staff working on the Viking CCS pipeline which will deliver electrical services to the UK. This enabled us to provide training in our listening and emotional support skills to a large group who will work in Boston as well as other parts of Lincolnshire and elsewhere around the East Midlands.

Feedback from the event was glowing:

Thank you for the fantastic delivery of sessions – I've only heard good feedback!

Scott, our site Manager, said:

"Pauline and Lorraine were lovely and showed great passion for what they do. Not the easiest place to present in front of 100 construction workers in noisy environment, but they did a very professional and engaging discussion with everyone.

The information tools they left (coasters, Listening tips, Little tips leaflets, pencils etc) are fantastic."

Thank you to Boston Big Local

From everyone at Samaritans of Boston, Lincolnshire to all of you, we would like to thank you for your ongoing support in helping us both raise our profile in the local area for the people of Boston and to continue to deliver our service to those in need of emotional support.

