

#### **Dear BBL**

Thank you for your continued support of Memory Lane Creative Arts.

Here is our report for the Quarter July, August and September 2023

We have supported 40 people at Memory Lane this quarter.

# Wednesday 12<sup>th</sup> July 2023

OK. Wow!
So I don't want to brag...
And there are no words...
Other than...
CAN YOU BELIEVE WE PAINTED THESE?













What an amazing session.

It was another of 'those' moments...

People saw the examples Deb brought in and there was a ripple ~~~~ 'We can't do that!'

Well do you know what?

We can and we did!

Beautiful summer meadow flowers.

Everyone was so engaged and in awe of their own work.

The power of art.

Thank you Deb and thank you BBL.













## Wednesday 27<sup>th</sup> July 2023

We were all about the bees today.

Following on from our bee-friendly wild flowers last session, today we celebrated the Queen of insects, the humble bee.

We were down in numbers, with respite, illness and appointments clashing with our session. So, without the usual 'buzz', we chose some calm meditative music but were still a 'hive' of activity.

Deb has the knack of simplifying the most complex looking painting, making the activity achievable for all.























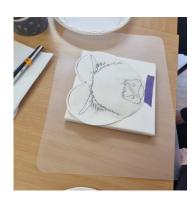


# Wednesday 9th August

Today's session was such great fun. Brilliant, colourful, fun!
Once again, no one believed we were doing these, having seen them advertised for sale in a magazine at the last session.
Well shut the front door, if we didn't just produce our own!
Please let us introduce our Highland Cows...

















































### Wednesday 14th September

Trying to hang onto the last of the summer vibes, we made **sun**flower collages today. Conversations about the lack of summer weather brought us round to Indian Summers, Autumn leaves and how quickly Christmas is approaching!

We have recently lost two of our long-standing members of the group. One unable to attend now and one passed away. One had been with us right from the first Memory Lane session, all those years ago. We remembered them both fondly and were reminded of just how fragile life is. We must make time for what really matters and let go of what doesn't.

What really mattered today was enjoying our time together with Debs and connecting with our creative brains.

Please enjoy our little rays of sunshine... Can you spot a recurring theme here?

























Mummy Roo, belonging to a grandchild came to visit too! :)





